

# Know where the notes are..

	F			C	F	
		B	E	A		
3	G	C	F	D	G	
			B			
5	A	D	G	C	E	A
				F		
7	B	E	A	D		B
	C	F			G	C
			B	E		
10	D	G	C	F	A	D
12	E	A	D	G	B	E

If you are new to the guitar you might wish to skip this exercise for now and just use this page for reference.

This is the best exercise to learn where all the notes on the fingerboard are. It is very useful to know this because it helps with finding chords and scales, moving licks to other parts of the neck and working out your own chord names. For the example below we will use the note C, but you should practice all the notes.

(Suggested order: C, F, D, G, A, E, B).

Start by playing C on the 6th string (8th fret) then on the 5th string (3rd fret) then on 4th string (10th fret) and so on up to the 1st string and back down to the 6th. Then go on to the next note (F) and do the same thing.

Don't play any notes open, and use the same finger to play all the notes. Do it with a metronome if you have one and slowly build up the speed. A good starting speed would be 40-60 bpm, and a target speed would be 160 bpm.

Be careful to follow the rules so you spend your time learning the best way that you can.

As well as learning the notes it will help you jump around the fingerboard.